



# Supported Decision Making Profile

For information on Supported Decision Making or individualized support, visit [scsupporteddecisionmaking.org](https://scsupporteddecisionmaking.org) or [able-sc.org](https://able-sc.org).

## Carrie, 24



**Hobbies:** Reading, hanging out with friends, and binge-watching shows on Netflix

**Disabilities:** Cerebral Palsy, Anxiety, and ADHD

**“Supported decision making is important to me because I get advice from others on what I could do, but I get to be the one who makes the final decision.”**

### How I Use My Supports:

I use family, friends, doctors, as well as organizations such as Able SC to make my decisions.





# Financial Supported Decision Making Profile

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## Carrie, 24



**Hobbies:** Reading, hanging out with friends, and binge-watching shows on Netflix

**Disabilities:** Cerebral Palsy, Anxiety, and ADHD

“Talking with others about creating a budget helps me spend my money on rent, food, and other important items needed for independent living.”

### How I Use My Supports:

I use family as well as Able SC in order to help me make financial decisions.



# Healthcare Supported Decision Making Profile

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## Carrie, 24



**Hobbies:** Reading, hanging out with friends, and binge-watching shows on Netflix

**Disabilities:** Cerebral Palsy, Anxiety, and ADHD

“Supported decision making allows me to make important decisions about my health like what medicine to take and what doctors to see.”

### How I Use My Supports:

I rely on family, friends, and my doctors and nurses in order to make the best decisions for my mental and physical health.



# Employment Supported Decision Making Profile

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## Carrie, 24



**Hobbies:** Reading, hanging out with friends, and binge-watching shows on Netflix

**Disabilities:** Cerebral Palsy, Anxiety, and ADHD

“When deciding whether I wanted to go into counseling or social work, the staff at Able SC were able to share their experiences with each field to help me decide which career I wanted.”

### How I Use My Supports:

- I get input from family and friends on how to make my career decisions.
- I talked to people working in the careers I was interested in in order to see whether I wanted to work in that field.