



Supported Decision Making Profile

For information on Supported Decision Making or individualized support, visit scsupporteddecisionmaking.org or able-sc.org.

Holden, 21



Hobbies: Writing, video games, chess, and cooking
Disabilities: Autism

“Supported decision making is important to me because it encourages independence without isolation.”

How I Use My Supports:

- I use supported decision making because it includes mutual assistance as a form of independence.
- I use input from family, friends, Able SC, as well as teachers to make decisions.





Healthcare Supported Decision Making Profile

For information on Supported Decision Making or individualized support, visit scsupporteddecisionmaking.org or able-sc.org.

Holden, 21



Hobbies: Writing, video games, chess, and cooking
Disabilities: Autism

“Knowing when is or isn't a good time to seek medical help is important, as your body, financial security, and even life could be at risk.”

How I Use My Supports:

- I use input from family, friends, doctors, nurses, as well as Able SC in order to make my medical decisions.
- It's important to catch medical problems early because they need to be treated quickly.



Relationship & Friendship Supported Decision Making Profile

For information on Supported Decision Making or individualized support, visit scsupporteddecisionmaking.org or able-sc.org.

Holden, 21



Hobbies: Writing, video games, chess, and cooking
Disabilities: Autism

“It can be difficult to see someone else from all angles when you only have the one.”

How I Use My Supports:

- Its good to have input from those close to you because they may notice things you don't about people, both good and bad.
- Getting input from other people is helpful because your emotions as well as your partner or friends emotions may cloud your judgement.



SOUTH CAROLINA
Developmental Disabilities Council

THE SC
SUPPORTED Decision Making
PROJECT

able
SOUTH CAROLINA



Community & Recreation Supported Decision Making Profile

For information on Supported Decision Making or individualized support, visit scsupporteddecisionmaking.org or able-sc.org.

Holden, 21



Hobbies: Writing, video games, chess, and cooking
Disabilities: Autism

“Some things can be triggering for people and be mentally painful for them as a result. So, being able to avoid that without being spoiled constantly by researching the subject matter yourself is helpful.”

How I Use My Supports:

I get input from family and friends to know what I want to watch on TV or as a movie so I know whether or not it will potentially trigger me.