



# Supported Decision Making Profile

For information on Supported Decision Making or individualized support, visit [scsupporteddecisionmaking.org](https://scsupporteddecisionmaking.org) or [able-sc.org](https://able-sc.org).

## Meia, 25



**Hobbies:** Music, Watching TV/Movies, Hanging out with people, going to church

**Disabilities:** arthrogryposis, depression, anxiety

**“Supported decision making is important to me because it’s good to have another listening ear on your problems. Also, to have a second opinion.”**

### How I Use My Supports:

- I use supports for help making decisions because I want a second opinion.
- Having supports reassures me I’m making the right decisions.
- I use family, friends, Vocational Rehabilitation, Able SC, my doctors, and more to help me make decisions.





# Financial Supported Decision Making Profile

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## Meia, 25



**Hobbies:** Music, Watching TV/Movies, Hanging out with people, going to church

**Disabilities:** arthrogryposis, depression, anxiety

**“Using supported decision making is a reassurance that I’m giving my money to the right people and places.”**

### How I Use My Supports:

- One tip I’ve learned is to keep money on me at all times in case of emergencies.
- I ask friends, Vocational Rehabilitation, and the people at Able SC in order to help me make financial decisions.



# Healthcare Supported Decision Making Profile

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## Meia, 25



**Hobbies:** Music, Watching TV/Movies, Hanging out with people, going to church

**Disabilities:** arthrogyriposis, depression, anxiety

“With my health, I like to ask for second opinions on procedures and on the different medications I'm prescribed so they won't affect me in a negative way.”

### How I Use My Supports:

- I ask friends for their input on my medical decisions, but I mainly ask my doctors as well as my therapist.
- Getting a second opinion is important to me so I can make sure I'm as safe as possible.



# Education Supported Decision Making Profile

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**Meia, 25**



**Hobbies:** Music, Watching TV/Movies, Hanging out with people, going to church

**Disabilities:** arthrogryposis, depression, anxiety

“Having a support system in grade school helped me advocate for myself when I entered college because I didn't have as much support then.”

## How I Use My Supports:

- Being included in the decision making process gave me the skills I needed for college.
- Using supports to make decisions about the college I attend meant I was able to ensure the college had the classes I needed to better my future.
- Having a support system meant I was able to get my accommodations.



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**SUPPORTED Decision Making**  
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# Relationship & Friendship Supported Decision Making Profile

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## Meia, 25



**Hobbies:** Music, Watching TV/Movies, Hanging out with people, going to church

**Disabilities:** arthrogryposis, depression, anxiety

**“I want to make sure that I'm with someone who loves me, respects me, and cares for me.”**

### How I Use My Supports:

- I ask family and friends for advice because they may see something in a person that I don't .
- I also ask my therapist for their input on the people I choose to date and be friends with.



# Employment Supported Decision Making Profile

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**Meia, 25**



**Hobbies:** Music, Watching TV/Movies, Hanging out with people, going to church

**Disabilities:** arthrogryposis, depression, anxiety

**“It’s important to use supported decision making when making career decisions in order to ensure that whatever employer I’m working for is following all laws of the ADA.”**

## How I Use My Supports:

- I ask family, friends, and romantic partners for their input on making my career decisions.
- I rely on organizations such as Vocational Rehabilitation and Able SC in order to make career decisions.





# Community & Recreation Supported Decision Making Profile

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## Meia, 25



**Hobbies:** Music, Watching TV/Movies, Hanging out with people, going to church

**Disabilities:** arthrogryposis, depression, anxiety

“I always want to make sure that I'm doing things that truly interest me, that I'm having a good time with friends and family, but staying safe in the process.”

### How I Use My Supports:

I ask family, friends, and romantic partners for their input on making entertainment decisions.