Supported Decision Making Profile

For information on Supported Decision Making or individualized support, visit scsupporteddecisionmaking.org or able-sc.org.

Wednesday, 25

Hobbies: Swimming, Writing, Video Games, Gardening

Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“I have had situations where my right to making my own decisions has been diminished due to my disabilities … I would not want to repeat that. I always want to have a say in what happens in my life.”

How I Use My Supports:

• I lean on family and friends for advice in a variety of situations.
• I lean on my college advisors for support in multiple areas for support.
• Centers for independent living, such as Able SC, are part of my support network.
• Vocational Rehabilitation has been another big support.
Financial Supported Decision Making Profile
For information on Supported Decision Making or individualized support, visit scsupporteddecisionmaking.org or able-sc.org.

Wednesday, 25

Hobbies: Swimming, Writing, Video Games, Gardening
Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“I am new to making big financial decisions. It is really helpful to have input from more experienced people when making financial decisions.”

How I Use My Supports:

I lean on family and friends when making important financial decisions.
Wednesday, 25

Hobbies: Swimming, Writing, Video Games, Gardening
Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“I recognize the impact my psychiatric disability has on my decision-making process, but that doesn't mean I shouldn't have meaningful input on what happens to me, even from a legal standpoint.”

How I Use My Supports:

• I rely on people I know and trust to make my decisions for me.
• An important part of my medical decision team is getting inputs from doctors and nurses.
Education Supported Decision Making Profile
For information on Supported Decision Making or individualized support, visit
scsupporteddecisionmaking.org or able-sc.org.

Wednesday, 25

Hobbies: Swimming, Writing, Video Games, Gardening
Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“At college, I had a support person who was a graduate student. She helped me with college-related tasks and provided and referred me to resources. This support also helped me to make informed decisions and to advocate for myself.”

How I Use My Supports:
• Family and friends were integral to helping me make good decisions at college.
• I worked with my professors to decide on which courses I should take so that I could be prepared for the career I wanted.
Wednesday, 25

**Hobbies:** Swimming, Writing, Video Games, Gardening

**Disabilities:** Autism, ADHD, Unspecified Psychotic Disorder

“Sometimes being too close to a situation makes it hard to see warning signs of a toxic relationship. Getting a second, or third or fourth opinion can be helpful.”

**How I Use My Supports:**

- I get input from my friends on how I make my relationship decisions.
- It’s good to have input on whether or not a person has a good impact on your life.
Wednesday, 25

**Hobbies:** Swimming, Writing, Video Games, Gardening

**Disabilities:** Autism, ADHD, Unspecified Psychotic Disorder

“I am new to making career decisions and value the perspective of those who have been working in my field, or a similar field, for a longer time than me.”

How I Use My Supports:

- I use support from multiple places when making career decisions. Those places include family, friends, my college advisors, and Vocational Rehabilitation.
- Being new to career decisions means that I use more supports than I might use otherwise.
Community & Recreation Supported Decision Making Profile

For information on Supported Decision Making or individualized support, visit scsupporteddecisionmaking.org or able-sc.org.

Wednesday, 25

Hobbies: Swimming, Writing, Video Games, Gardening
Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“Anything I do for entertainment should be something I enjoy. No one knows what I enjoy better than me.”

How I Use My Supports:

• If a friend has done an activity before, I may ask them how they think I may like it.
• I think it is important that my decisions about this are left up to me. Sometimes people will leave me out of things because they think my disabilities will interfere.