



Supported Decision Making Profile

For information on Supported Decision Making or individualized support, visit scsupporteddecisionmaking.org or able-sc.org.

Wednesday, 25



Hobbies: Swimming, Writing, Video Games, Gardening
Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“I have had situations where my right to making my own decisions has been diminished due to my disabilities ... I would not want to repeat that. I always want to have a say in what happens in my life.”

How I Use My Supports:

- I lean on family and friends for advice in a variety of situations.
- I lean on my college advisors for support in multiple areas for support.
- Centers for independent living, such as Able SC, are part of my support network .
- Vocational Rehabilitation has been another big support.



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Financial Supported Decision Making Profile

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Hobbies: Swimming, Writing, Video Games, Gardening

Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“I am new to making big financial decisions. It is really helpful to have input from more experienced people when making financial decisions.”

How I Use My Supports:

I lean on family and friends when making important financial decisions.



Healthcare Supported Decision Making Profile

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Hobbies: Swimming, Writing, Video Games, Gardening

Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“I recognize the impact my psychiatric disability has on my decision-making process, but that doesn't mean I shouldn't have meaningful input on what happens to me, even from a legal standpoint.”

How I Use My Supports:

- I rely on people I know and trust to make my decisions for me.
- An important part of my medical decision team is getting inputs from doctors and nurses.



Education Supported Decision Making Profile

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Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“At college, I had a support person who was a graduate student. She helped me with college-related tasks and provided and referred me to resources. This support also helped me to make informed decisions and to advocate for myself.”

How I Use My Supports:

- Family and friends were integral to helping me make good decisions at college.
- I worked with my professors to decide on which courses I should take so that I could be prepared for the career I wanted.



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Relationship & Friendship Supported Decision Making Profile

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Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“Sometimes being too close to a situation makes it hard to see warning signs of a toxic relationship. Getting a second, or third or fourth opinion can be helpful.”

How I Use My Supports:

- I get input from my friends on how I make my relationship decisions.
- It’s good to have input on whether or not a person has a good impact on your life.



Employment Supported Decision Making Profile

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Wednesday, 25



Hobbies: Swimming, Writing, Video Games, Gardening

Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“I am new to making career decisions and value the perspective of those who have been working in my field, or a similar field, for a longer time than me.”

How I Use My Supports:

- I use support from multiple places when making career decisions. Those places include family, friends, my college advisors, and Vocational Rehabilitation.
- Being new to career decisions means that I use more supports than I might use otherwise



Community & Recreation Supported Decision Making Profile

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Disabilities: Autism, ADHD, Unspecified Psychotic Disorder

“Anything I do for entertainment should be something I enjoy. No one knows what I enjoy better than me.”

How I Use My Supports:

- If a friend has done an activity before, I may ask them how they think I may like it.
- I think it is important that my decisions about this are left up to me. Sometimes people will leave me out of things because they think my disabilities will interfere.



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